

## DIRFloortime

- Developmental Model (Bottom Up)
- Play-based tasks to build intrinsic motivation
- Child-led with parent-coaching
- Behaviors are communication w/ underlying causes
- Connection-based
- Values individual differences



## ABA

- Skills-focused (Top Down)
- Facilitated tasks with extrinsic motivators
- Therapist-led tasks
- Behaviors are learned and can be modified w/reinforcement
- Compliance-based
- Emphasizes social conformity

